



**ARTHRITIS CLUB  
Of SUN CITY WEST  
BEARDSLEY POOL**

[www.SCWClubs.com](http://www.SCWClubs.com)  
**Under Health & Fitness**

The Arthritis Club of Sun City West is a Chartered Club of the Sun City West Recreation Centers with over 100 members. Membership is limited to current SCW Recreation Card Holders.

We meet every Monday, Wednesday, and Saturday from 8:00 am to 9:00 am at the Beardsley Recreation Center Pool. We offer low impact water exercises conducted during the hour with the assistance of a volunteer instructor. We suggest that you check with your doctor to make sure this program is compatible with your medical condition.

Meetings are held at least 4 times a year, which are usually social events open to all members and friends.

We are an open group supportive of each other and you are invited to come and see for yourself. Bring your bathing suit, the water is waiting.

**The membership fee is \$10.00 per year per member.** Fill out the form below and return it to us with your **check only** made payable to:

**Arthritis Club of SCW**

c/o Barbara Horton, 12802 W Flagstone Dr., SCW 85375

**Open to Club Members and their accompanied guests!**

**Web Form**

Please print all information

Member Name \_\_\_\_\_ Rec Card No. \_\_\_\_\_

Member Name \_\_\_\_\_ Rec Card No. \_\_\_\_\_

Address \_\_\_\_\_ Phone No. \_\_\_\_\_

E-mail address for club use only \_\_\_\_\_